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# **PRICE GUIDE**

### 2024

**6** 01472 200280

10 Market Street, Cleethorpes, NE Lincs. DN35 8LY

www.debonairhba.com













# NAILS

### CND<sup>™</sup> Shellac combined with The Gel Bottle (TGB<sup>™</sup>)

#### The World's No.1 Professional Nail Service

First introduced in 2010, the three-step nail-structuring process wears flawlessly with brilliant shine for up to 21 days after curing under a UV light. No downtime — zero drying time.

- 21+ day beautiful nail colour
- Mirror shine
- Layered with TGB<sup>™</sup> for extra strength
- Instantly dry, no smudging
- No nail damage from filing and buffing
- Gentle removal



Hands	£30
Feet	£30
Soak Off	+£5

### Add

- + £3.50 for French White Tips
- + £5.00 for Glitter
- + £5.00 for Chrome
- + **From** £7.50 for Nail Art

With Gel Colour£48	3
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Gel Removal with Full Manicure.....£25

First, we gently soak off your gel.
Next, we file and shape your natural nails.
This is followed by full cuticle work.
Finally, we drench your nails in CND<sup>™</sup> SolarOil<sup>™</sup>,
then buff to rehydrate and nourish the natural nail.

### DesignEx Pro<sup>™</sup> Nail Extensions

Introducing DesignEx Pro<sup>™</sup>, the game-changing system for gel nail extensions in a flash. Non-acrylic DesignEx Pro<sup>™</sup> provides supreme strength for stunning builder gel extensions from arch to free edge.



www.debonairhba.com

# HAIR REMOVAL

Hair growth is the result of heredity factors, race and/or hormone levels. In addition, some medications and illnesses can stimulate hair growth. Electrolysis is an option when hair growth is in an area of the body where it may not be desired such as on a woman's upper lip, chin, or bikini line.

### **ELECTROLYSIS**

Electrolysis is the only method of permanent hair removal. Today's medical electrolysis devices destroy the growth centre of the hair with heat energy. A very fine probe is inserted into the hair follicle which emits a small electrical current. This breaks down and destroys the components of the hair follicle that enables growth and is permanently removed.

Many factors influence hair growth, so you will need to return for several electrolysis visits. The total number of sessions needed to remove hair permanently from a particular area will vary from person to person. Most clients return once a week or every other week as needed until all the hair is removed.

10 Minutes	£20
15 Minutes	£25
30 Minutes	£42
1 Hour	£75

### WAXING

Half Leg	£23
Full Leg/Bikini	£48
Hollywood Bikini	£45
Underarm	From <b>£15</b>
Bikini	From <b>£17.50</b>
Lip	£10
Chin	£13
Lip and Chin Combined	£20

Waxing is also available on arms, chest and back — prices on request following consultation.

# FOR EYES

### **EYEBROW SHAPE**

Including trimming and above brow work £	15
Including trimming £	13
Eyelash Tint*£	15
Eyebrow Tint* From £	10
Lash and Brow Tint*£	25
High-Definition Brows*£	30

### LASH EXTENSIONS

### Tatti Lashes<sup>™\*</sup> Classic/Russian/Hybrid



Tatti Lashes<sup>™</sup> are semi-permanent eyelash extensions that have a lifespan of 3-4 weeks, after which the option to have infills is available. Tatti Lashes<sup>™</sup> are made from one single natural-looking lash that are weightless and are shaped to emulate the natural lash. Using the latest semi-permanent adhesives, the lashes will stay attached to the donor lash whilst remaining flexible and bouncy. The best bit is they are water-resistant which means you can swim, cry and sleep without worry!

Full Set - 1.5 hours	£65
In-fills - 30-45 minutes	£35

Based on 3 weeks

\* Patch test no less than 24 hours prior to treatment.

# TANNING TREATMENTS

b.tan

					-
Full	Body	/ App	olication	••••••	£45

## EAR PIERCING

Ear Piercing£25
All of our ear piercing is carried out under strict aseptic techniques.
Single Ear Piercing£15
Minimum age 5 yrs - birth certificate/passport ID required.

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£25 trict aseptic techniques. ....£15 ort ID required.

b.tan

## **DERMALOGICA® SKIN CARE**

Dermalogica® is world renowned for its superior quality and effectiveness. You can be sure that it contains none of the ingredients commonly found in cheaper alternatives that can dehydrate, irritate and clog up the skin. Dermalogica® contains:



- No lanolin
- No mineral oil
- No alcohol
- No artificial colours
- No artificial fragrance

No formaldehyde

• Non-comedogenic (meaning it is guaranteed not to cause spots or blackheads).

Your experience will begin with a thorough examination (Face Mapping®) of your skin to identify problem areas. Scrutinising specific zones using the Dermalogica® Face Map® tool, your therapist is able to conduct an inch-by-inch methodical analysis of the face and underlying structures to determine causal relationships between skin care regimes, lifestyle and illness-related skin concerns.

Once your Face Mapping<sup>®</sup> skin analysis is complete, your Dermalogica<sup>®</sup> therapist will be able to target your specific skin concerns from the following Dermalogica<sup>®</sup> treatment ranges:

**AGE Smart**<sup>®</sup> Are the signs of ageing more prevalent on your skin?

**UltraCalming**<sup>™</sup> Dermalogica® UltraCalming<sup>™</sup> products are serious relief for sensitised skin that calms, soothes and replenishes the most aggravated, irritated, inflamed skin.

**MediBac Clearing**<sup>®</sup> It's the end of the line for adult acne with this powerful line of products that will jump-start acne clearing and help prevent acne well beyond the treatment.

**PowerBright TRx**<sup>®</sup> Fades dark spots in a week and continues to diminish them over time. Accelerates skin brightening.

Dermalogica® products and gift sets available to purchase in store, or order online for FREE delivery to your door:



# DERMALOGICA® SIX ZONE ANALYSIS

Based on insight from Chinese Face Diagnosis, adverse skin conditions have been shown to be strongly linked to underlying internal conditions related to your health and lifestyle.

**Zone 1: Forehead** - Common conditions: Congestion along hairline and brows, breakouts and dehydration.

**Considerations:** Improper removal of makeup, use of comedogenic (blackhead forming) or irritating ingredients in skin care products and make-up. Insufficient water intake and poor digestion through lack of 'whole foods'. Breakouts or unusual hair growth can indicate hormonal imbalance, which may be caused by extreme stress. **Chinese diagnosis link**: Water intake or poor digestion.

Zone 2: Nose, between eyes - Common conditions:
Congestion and comedones (blackheads), breakouts, redness, flakiness, vertical lines (furrows) and dilated capillaries.
Considerations: Excess oil, dehydration, poor extraction technique, comedogenic ingredients in make-up, poor diet — heavy intake of rich foods, overconsumption of alcohol, possible food allergy.
Chinese diagnosis link: Heavy intake of rich foods, lack of greens, late-night eating.

**Zone 3: Eyes** - Common conditions: Milia (small white spots), fine lines, dark circles, puffiness, sensitisation. Stress, and allergies contribute to these conditions.

**Considerations:** Comedogenic ingredients in make-up or make-up remover.

**Chinese diagnosis link:** Allergies, insufficient fluid intake, lack of sleep, stress.

Zone 4: Cheeks - Common conditions: Sensitisation and hot spots, breakouts, milia, vertical lines, and hyperpigmentation.
Considerations: Allergies and sinus problems, comedogenic ingredients in make-up, poor telephone hygiene, sun damage.
Chinese diagnosis link: Pollution/living environment, smoking or asthma, respiratory stress from cough, cold or smoking.

**Zone 5: Chin and mouth** - Common conditions: Subsurface congestion, breakouts, comedones, pigmentation or increased hair growth on top lip.

**Considerations:** Improper cleansing, comedogenic makeup, smoking, leaning chin on hand, pigmentation and hair growth from pregnancy.

**Zone 6: Neck and lower jaw** - Common conditions: Breakouts on the jawline, sensitisation, pigmentation and signs of ageing.

**Considerations:** Sun damage and/or photosensitivity to fragrances. **Chinese diagnosis link:** High stress levels, hormonal considerations.

### **THE DERMALOGICA® PROSKIN 60**



The ultimate Dermalogica® experience, customised with advanced products, techniques and technology in a sensorial environment made for relaxation. Completely personalised to your skin and different every time. A luxurious skin treatment that will also calm your mind and soothe your body in a world of relaxation.

Professional double cleansing, exfoliation, FaceMapping® skin analysis, aromatherapy massage, treatment serums, masques, touch therapy...it's all on the agenda. Trust me, if you have never experienced a Dermalogica® sixty-minute treatment, you haven't lived!

.....£65

### **THE DERMALOGICA® PROSKIN 30**

In just 30 minutes you can have an effective skin treatment. Yes, just 30 minutes! No, you won't get the full-on massage and layers of steps, but you will get a high-impact treatment to target a specific concern.

Want to look brighter? Have a targeted exfoliation. Want replenishment? We focus on serums and masques. A lot can be achieved in half an hour. Exceptionally good for those who are short on time and is great value for money.

#### .....£40 www.debonairhba.com

Chinese diagnosis link: Food allergies and eating habits.



# THE DERMALOGICA® PRO60 BACK FACIAL

A deep cleansing and exfoliation treatment for hard-to-reach areas. Akin to the Dermalogica® Pro6o facial treatment, the Dermalogica® Pro6o back facial is carried out using only the finest Dermalogica® skin care products.

For blemished, problematic skin, germicidal properties are used to purify the skin. This is followed by the gentle manual extraction of any impurities.

For dry skin, hydrating, nourishing properties are used to nourish and hydrate the skin. All treatments are finished off with a deep, relaxing back massage.

60	MINUTES		£65
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# THE DERMALOGICA® PRO POWER PEEL

Our strongest, fastest chemical peel. This unique three-acid approach, comprising alpha and beta hydroxy acids, provides deep exfoliation and resurfacing that is 100% personalised to you.

### **Key Benefits**

- Resurfaces skin
- Smooths skin
- Targets dark spots and hyperpigmentation
- Protects collagen
- Sheds dead skin cells
- Keeps pores clean
- Prevents ingrown hairs
- Clears acne

### **Treatment Option: Adult Acne**

Eliminates oil, bacteria and minimises blemishes. Salicylic acid, mandelic acid and malic acid target blemishes, post-inflammatory hyperpigmentation and redness.

### **Treatment Option: Uneven Skin Tone**

Eliminates pigmentation challenges.

Lactic acid complexed with phytic acid and mucor fungal extract brightens and targets hyperpigmentation (dark spots, sun damage, acne scars).

### **Treatment Option: Signs Of Skin Ageing**

Peel to smooth lines and wrinkles. Glycolic acid reduces hyperpigmentation while minimising the appearance of fine lines and wrinkles.





# THE DERMALOGICA® PRO POWER PEEL 60

You have never had a peel treatment like this before! This super charged customised 60-minute treatment combines the benefits of our Pro60 skin treatment together with the Pro Power Peel to make this the ultimate in skin renovation.

Pro Power Peel results are dramatically enhanced by a supplementary deep treatment process incorporating powerful IonActive Serums<sup>™</sup>, concentrated boosters, customised Dermalogica® masques, and a relaxing massage to ensure your skin is left clear, smooth and radiant.

It is normal for the skin to feel drier, and some flaking may occur for up to a week after the treatment. This process demonstrates that the old skin is shedding at a more rapid rate making way for your new skin cells.

A complimentary Dermalogica® Post Power Peel™ aftercare skin care kit is provided after each peel.

### **Key Tips:**

Rinse face with cool water and cleanse with Ultra Calming Cleanser.

Moisturise with Barrier Defense Booster and Calm Water Gel. Always use an SPF product, every day, 365 per year!

Pro Power Peel 60	£95
Course of 4	£340





# THE DERMALOGICA® PRO POWER EYE PEEL

A powerful treatment that tones, smooths and brightens the eye contour through intense stimulation and infusion of botanical actives. Use as a standalone treatment or add on to the Dermalogica® Pro6o Facial.

# A treatment that delivers amazing results in 3 steps.

- Exfoliates, revitalises and brightens under-eye skin for a smoother, softer skin.
- Brightens dull patchy hyperpigmentation, leaving a more even skin tone.
- Delivers potent antioxidant (vitamins A, C, E) to combat signs of ageing and protect from further damage.

Dermalogica® Pro Power Eye Peel is used in conjunction with our powerful professional grade Hyaluronic Acid Serum to stimulate cell regeneration and enhance firmness and elasticity.

Standalone Treatment 20 mins	£40
ProSkin Add-On	£25

# MEDICAL GRADE MICRONEEDLING

Microneedling is an advanced cosmetic procedure that involves repeatedly puncturing the skin (150 insertions per second) with multiple tiny, sterile needles to treat different skin conditions.

This technique causes microtrauma to the skin, which stimulates the regeneration of new collagen - a protein that prevents our skin from sagging.

It increases elasticity and refines the texture of the skin, creating smoother, luminous, younger-looking skin.

Mesotherapy is a technique that uses injections of vitamins, enzymes, hormones, and plant extracts to rejuvenate and tighten skin, and is used in combination with microneedling to give superb skin rejuvenation.

# All skin types/conditions can be treated using microneedling including:

- Fine lines, wrinkles, lax skin, sagging and general signs of ageing
- Poor skin tone
- Enlarged pores
- Acne scars and stretch marks
- Hyperpigmentation (sun damage and age spots)
- Thinning hair/alopecia

### **Benefits of Microneedling**

#### 1. Microneedling has fast results

The skin will remain quite pink for about 24-48 hours after treatment. Thereafter, you will enjoy plump and luminous skin lasting for a number of months.

#### 2. Microneedling results improve with time

If you choose to continue with microneedling sessions, you will see a drastic increase in collagen, with results lasting up to six months after treatment.

#### 3. Microneedling helps hair growth

Alopecia – a condition which causes hair loss – is suffered by many people the world over. It has many underlying causes, and can result in patchy or total hair loss, on the head and body. One of the treatment options for this form of hair loss is microneedling, which stimulates the dormant hair follicles, encouraging growth.

#### 4. Microneedling can reduce cellulite

Microneedling has shown to have positive results in the treatment of cellulite (uneven fat deposits in the body). Through microneedling, the skin becomes firmer, making it more difficult for the fat deposits to protrude, or for the skin to dimple.

#### 5. Microneedling makes skin look younger

As we age, our skin loses collagen, resulting in the skin thinning, sagging and wrinkling. Microneedling boosts the generation of new skin tissue, which increases the production of collagen. The end result is much plumper, youthful-looking skin.

#### 6. Microneedling prevents signs of ageing

Alongside treating existing wrinkles and sagging, microneedling can also be used to prevent wrinkles and fine lines from starting at all.

#### 7. Microneedling can treat scars and pigmentation

Scars can be detrimental to a person's self-esteem. Fortunately, microneedling treatments have proven results in diminishing the appearance of all scar types, including acne scars, age spots and uneven pigmentation. It's even known to reduce the appearance of large pores. This is all done by breaking down the old scar tissue and triggering the production of collagen for a healthier-looking dermis.

#### 8. Microneedling reduces the appearance of stretch marks

Stretch marks may appear as a result of sudden weight loss and gain, particularly among pregnant women. These can be extremely difficult to treat, however, microneedling is known to improve the appearance of stretch marks.

#### Course of 3 .....£350

\*Price includes post-treatment Dermalogica® skin care products.

Before

# MICROSCLEROTHERAPY

Microsclerotherapy is a treatment for small leg veins under the skin, often referred to as 'spider veins' or 'small veins'. They are more visible in patients with pale skin. The exact cause is not known but is often related to varicose veins. It is important that any underlying conditions are treated before treating the veins with microsclerotherapy.

#### What does the procedure involve?

The thread veins are injected with a sclerosant called Fibrovein<sup>™</sup> through a very small needle. This damages the vein wall and is absorbed by the body over the next few weeks. Compression stockings will need to be worn for 3 days following treatment 24/7. The legs will look bruised for a few weeks until the veins are absorbed.

#### Does it hurt?

This is not a painful procedure. The injections are very superficial and made with a tiny needle. Some patients have likened the feeling to a nettle sting.

#### What will my legs look like after treatment?

The injection will initially cause some redness and welts, like insect bites. When you remove the stockings your legs will probably look bruised and the veins often look worse before they look better. The veins are darker at this stage. The appearance improves noticeably by day 10-14, and will continue to improve thereafter. The full result of the treatment session will be apparent by about 12-16 weeks, although there is a huge variation in time of response to treatment. A few patients may experience brown staining which may take a few months to clear.

#### How many treatments will I need?

This can depend on the individual response to treatment and the extent of the thread veins. It is best to budget for up to 4 treatments. It is possible to get an excellent result after one treatment.

#### Will the thread veins come back?

You are likely to develop more thread veins as it's possible there is a weakness in this area and may need top up treatments every 2-3 years, although the same treated veins are extremely unlikely to reappear. The price depends on the number of veins treated. A final price will be given at consultation.

Average price per session ..... £140

# **AESTHETICS**

#### **Our Aim**

Our aim is to provide natural-looking enhancements that are age-appropriate. We strive to help our clients look and feel great.

All aesthetic treatments are carried out by a trained (NMC) Independent Nurse Practitioner. You have peace of mind knowing that your treatment is carried out by an existing medical professional who has undertaken further clinical aesthetic training. All nurses are accountable to the NMC for their actions, including aesthetic practice, and must practice safely within its guidelines.

Ongoing training and education help us deliver safe, effective aesthetic practice.

www.debonairhba.com

# ANTI-WRINKLE

Anti-wrinkle injections are a well-known safe and effective cosmetic wrinkle treatment with very few health risks. It is a prescription-only medicine made from a neurotoxin produced by the bacterium clostridium botulinum (botulinum toxin A).

Whilst it has a wide range of uses in the medical field, such as the treatment of muscle spasms and excessive sweating, cosmetically, anti-wrinkle injections provide a more youthful, rejuvenated and smoother skin.

1 Area .....£195

- 2 Areas.....£250
- 3 Areas.....£300

\*\*A full consultation is required prior to treatment.\*\*



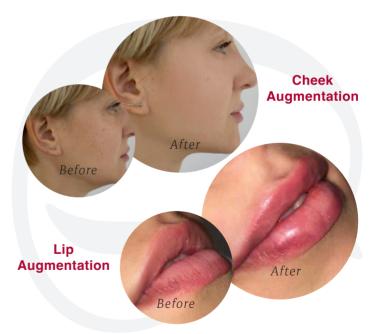


# HYALURONIC ACID DERMAL FILLERS

Hyaluronic acid dermal fillers are known throughout the aesthetics industry as the 'liquid facelift'. Dermal fillers are a highly flexible and effective medical cosmetic treatment for softening lines, adding volume and contouring as well as plumping up and defining the lips.

Hyaluronic acid, a naturally occurring substance within our bodies, is injected under the skin to replace lost volume through ageing or augment volume in a way that improves the aesthetics of the face.

- · Lip enhancement and definition of the border
- · Lines around the mouth (perioral lines and oral commissures)
- Cheek augmentation
- Nose to mouth lines (nasolabial fold)



### Juvéderm<sup>®</sup> Aliaxin<sup>®</sup> Teosyal<sup>®</sup>

Standard Range	Premium Range
0.55ml £150	1ml£280
1.0ml£240	2ml£500

### **GUMMY SMILE** (EXCESSIVE GINGIVAL DISPLAY)

If you feel that when you smile you show too much of your gum, or that your gum is simply too prominent when you smile – this is often referred to as a 'gummy smile'.

Gummy smile is a phenomenon that when some people smile, their upper lip elevates too far above their upper teeth which exposes their gums. One of the causes is a hyperactive muscle which elevates the upper lip. Occasionally, the gummy smile is also aggravated by a thin upper lip that further contributes to the problem by exposing the upper gum even more.



Fortunately, gummy smile can be simply and effectively corrected with botulinum toxin injections to reduce the activity of the muscle that elevates the upper lip. This can be combined with lip filler where it is exacerbated by a thin upper lip.

Price (Botulinum Injections)	£195
Upper Lip Fillers	£150

# **PROFHILO®**

Profhilo<sup>®</sup> is one of the highest concentrations of hyaluronic acid on the market. It is a beneath-the-skin-restoration; a bio remodelling and moisturising treatment that increases firmness, elasticity and improves skin laxity.

Profhilo<sup>®</sup> is most commonly used for facial areas, but can also be used to rejuvenate the:

- Neck · Décolleté
- Arms Knees

### Benefits of **PROFHILO**

- Returns volume and firmness
- Improves skin structure
- · Deeply hydrating
- Stimulates 4 types of collagen growth

Profhilo<sup>®</sup> hyaluronic acid is slowly released and stimulates the production of collagen and elastin, renewing your skin from within.

It works by being injected just below the surface of the skin with tiny needles. Once injected, it naturally spreads out and is absorbed over about a 4cm area of the skin from each injection point. This means that you can usually have the treatment applied to your whole face with around about 10 injection sites.

The bio-aesthetic point (BAP) technique is used when injecting Profhilo<sup>®</sup> and was developed specifically for use with it. The BAP technique is a sequence of 5 injection sites on each side of your face, developed using CT scans to produce the most effective and even spread of the Profhilo<sup>®</sup>.

Two treatments are required, 4 weeks apart.

Face (x2 treatments) £49	9
Neck (x2 treatments) £49	9
Face and Neck (x2 treatments)£95	;0

### EXCESSIVE SWEATING (Hyperhidrosis)

'Hyperhidrosis, or abnormally excessive sweating that is not related to heat or exercise, is a common disorder that can cause social anxiety and embarrassment.

An estimated 3% of the British population, men and women, suffer from excessive underarm sweating (axillary hyperhidrosis) who have no related medical problems.

Several tiny injections are administered just underneath the skin using botulinum toxin A and this lasts for around 1 year.

A two-week review is carried out following your initial treatment.

\*GP clearance is necessary to eliminate any underlying medical conditions prior to treatment.



# VITAMIN BOOSTER B12 INJECTIONS

- After water and oxygen, vitamin B12 is the next essential micronutrient molecule vital for health.
- Vitamin B12 deficiency is common and can manifest at any age and is largely unrecognised.
- Vitamin B12 is crucial for many systems of the body to function correctly.
- Pernicious anaemia is just one illness related to a deficiency in vitamin B12.
- It is believed that vitamin B12 deficiency is not always detectable on blood tests (NCBI, 2021).
- Symptoms such as depression, anxiety and psychosis as well as the early onset of dementia are common with vitamin B12 deficiency.
- Causes of B12 deficiency include genetic disorders, poor diet, gastrointestinal illness or surgery, alcoholism and use of acid reflux medications.
- Vitamin B12 is non-toxic even at really high doses.

<b>Single</b>	0
Course of 6£25	0



Stock Image

Gift Vouchers Available



# **OPENING TIMES**

Monday Tuesday Wednesday Thursday Friday Saturday Sunday Closed 9.30AM-6.00PM Closed 10.00AM-6.30PM 9.30AM-6.00PM 9.30AM-4.30PM Closed

### Out of hours available by appointment.

Registered Adult Nurse, Independent Nurse Prescriber (NMC), MPhil, BSc, HND, City & Guilds, I.H.B.C

## 01472 200280

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Dermalogica® Sales: bit.ly/3ujFf5b



@debonairhealthbeautyaesthetics

